PATIENTS AND FAMILIES AS ADVISORS: A CHECKLIST FOR ATTITUDES

- Do I believe that patients and their family members bring unique expertise to our relationship?
- Do I believe in the importance of patient and family participation in decision making at the program and policy level?
- Do I believe that patient and family perspectives and opinions are as important as professionals'?
- Do I believe that patients and families bring a critical element to the team that no one else can provide?
- Do I consistently let others know that I value the insights of patients and families?
- Do I work to create an environment in which patients and families feel supported and comfortable enough to speak freely?
- Do I listen respectfully to the opinions of patients and their family members?
- Do I believe that patients and families can look beyond their own experiences?
- Do I clearly state what is required and expected of patients and families in their advisory roles?
- Do I help patients and families set clear goals for their role?
- Do I understand that an illness or other family demands may require patients or family members to take time off from advisory responsibilities?
- Do I feel comfortable delegating responsibility to patients and families?

Adapted from Jeppson, E. Thomas, J. (1994). *Essential Allies: Families as Advisors*. Institute for Family-Centered Care, Bethesda, MD.